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**East
Brunswick
Wrestling Club**



Volume 3

**January 10,
2010**

**January 11— January 25
Schedule:**

- > **Monday:** Senior v Hillsboro
C & Cheer Practices
- > **Tuesday:** A & B Team Practice
- > **Wednesday:** Senior & A at
Middlesex
- > **Thursday:** Senior v So Plainfield
A & B Practices
- > **Friday:** Regular Practices
- > **Saturday:** Senior @ Lenape Val
CJ A quad @ home

- > **Monday:** Schools Closed No
practice or matches
- > **Tuesday:** Possible Practices
- > **Wednesday:** Senior/A/B @
Edison High School
- > **Thursday:** Senior V North
Hunterdon
A & B Practice
- > **Friday:** Regular Practices
- > **Saturday:** CJ A @ Clark

Out of the Holiday Break!!

The Senior Team continued their tough schedule splitting their 4 NJGSWL matches and taking 3rd Place in the EBWC Senior Holiday Tournament. The clincher for 3rd Place came down to HWT and our big guy came through with the win to overtake a tough Old Bridge team. Our young team ran into state powers High Point and Watchung Hills and took some lumps but didn't allow it to deflate them as they bounced back to defeat Del Valley and Bridgewater in the extremely tough NJGSWL.

The 'A' Team stumbled in their match v Old Bridge, losing their first match of the year but rebounded to defeat South River and Hillsborough, and took 4th as a team in the Fords/Randy Gemgnani Memorial Tournament. They have improved their overall record to 8-1 and are preparing for the second half of the season.

The 'B' Team is impressing the other teams in our Leagues as many of these kids have stepped into the A roster to fill in at various matches and get exhibitions versus other team starters and have competed well while winning many of these matches. Overall the B Kids continue to win well over 80% of their matches against the other B Level programs. Many of these kids have taken advantage of the wrestling opportunities presented to them and have attended the South

Brunswick Brawl, the Del Val Wildcat Tournament, the Hopewell Valley Bash, the Fords/Gemgnani Tournament and the EBWC B Team Bash. These events have allowed our kids to get quality mat time and prepare them for the future matches on the A and Senior Teams.

The 'C' Team had some of the kids join in the B Team Bash over the weekend and the South Brunswick Brawl to get their first experience in live matches—congratulations to these kids for taking this big step out of the C room to live matches. More opportunities for the C kids will be upcoming with other novice programs and our Rookie Rumble.

Our Cheerleader made their first appearance of the year at home v South River and the wrestlers enjoyed having them cheer them on throughout the match and during the warm-up run out. The girls were loud and proud and we will see them cheering at many of our remaining home matches.

A HUGE Thank You goes out to all the parents who helped with the B Team Bash on Saturday and especially to Jackie Zelesnick, Steve Moss and Peggy Minikel who really grabbed this event by the horns and made it the success that we have come to expect it to be. All of the kids in attendance wrestled 2-3 times.

EBWC Alumni Corner:

- EBHS is now 4-3.
Segreto 8-3
Scrivanich 7-4
Marosy 7-4
Nicolaro 5-5
O'Kane 5-5
Paribello 4-4
Duhigg 4-5
Shirley 3-4

- Spotswood is 4-3
Cuddey 8-1
Fahy 6-3
Maselli 4-3
Cappella 3-5

- Peddie is 4-4
Perrine 11-3

Additional Information

Directions: Please visit www.ebwrestling.com/directions.asp

Schedule: Please visit www.ebwrestling.com/schedule.asp

Website: www.ebwrestling.com

Contacts: www.ebwrestling.com/contacts.asp